

## Liberating the Mind and Expanding Consciousness

Dee's story moves from India to Bali, where she lived during the Covid pandemic, and where a remarkable near-death experience frees her mind and changes her entire outlook on the world once again. As her life is transformed, Dee revisits events from her past, exploring themes such as healing, sexuality, religion, relationships, and our connection with the universe and each other.

In the final part of her trilogy, Dee explains the awakening process through myths, stories, poetry and ancient wisdom, which she accessed through past lives. Her book is designed to energetically activate the heart, and Dee describes the three stages to self-realisation, inviting the reader to explore their own selves through a template called "10 Ways to Live in Divine Union," which can be used to help navigate these challenging times.

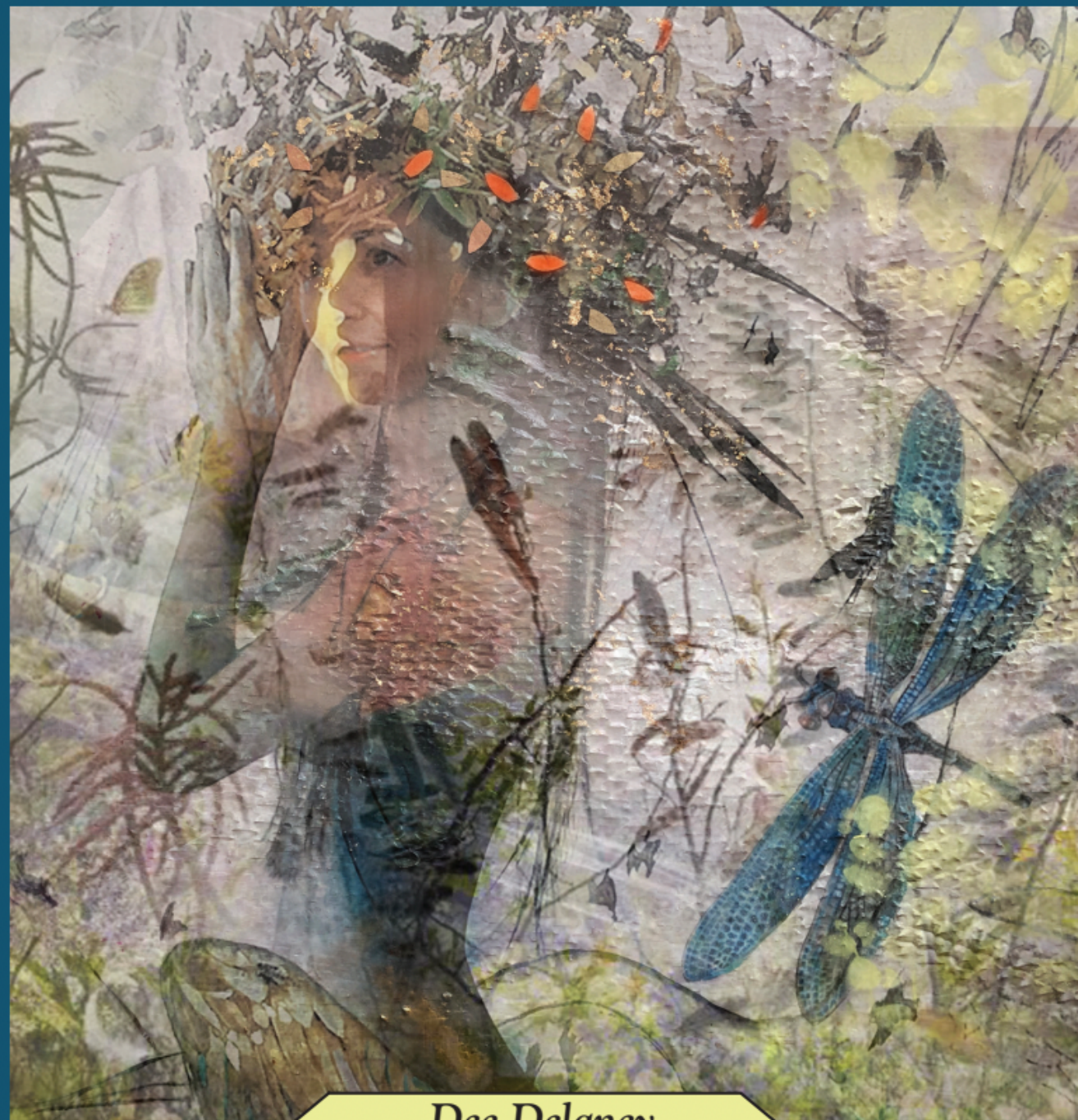
Dee Delaney worked at the BBC for many years before the sudden deaths of her husband, father and three close friends totally changed her perspective on life. She spent seven years in India and Bali learning about death, rebirth and self-realisation as she journeyed into the inner realms of the heart. Now back in the UK, Dee shares her experiences in her trilogy *The Truth is Within*. Her books are designed to connect the reader to the powerful source of creation inside every person on earth.

[www.DeeDelaney.co.uk](http://www.DeeDelaney.co.uk)

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# Within *the* Heart of Love

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Dee Delaney

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A Spiritual Memoir – Book 3