

## Exploring Everyday Spirituality

By the age of 41, Dee was the woman who 'had it all' – a loving partner, a family, a successful career and plenty of money. But just when it seemed things couldn't get any better, her beloved husband, Tony, an outwardly fit and healthy man in his early forties, died of a sudden heart attack while doing a charity mountain climb, leaving Dee widowed and a single mum to their two-year-old son and a teenage daughter from a previous relationship. A series of further tragic events followed, compounding Dee's grief and forcing her to reevaluate her life.

In the first of her trilogy of inspiring memoirs, Dee recounts how, determined to heal from the pain and suffering that had darkened her world, she embarked on a spiritual quest, which eventually led her to quit her job and everything she'd known to start a new life in India with her young son.

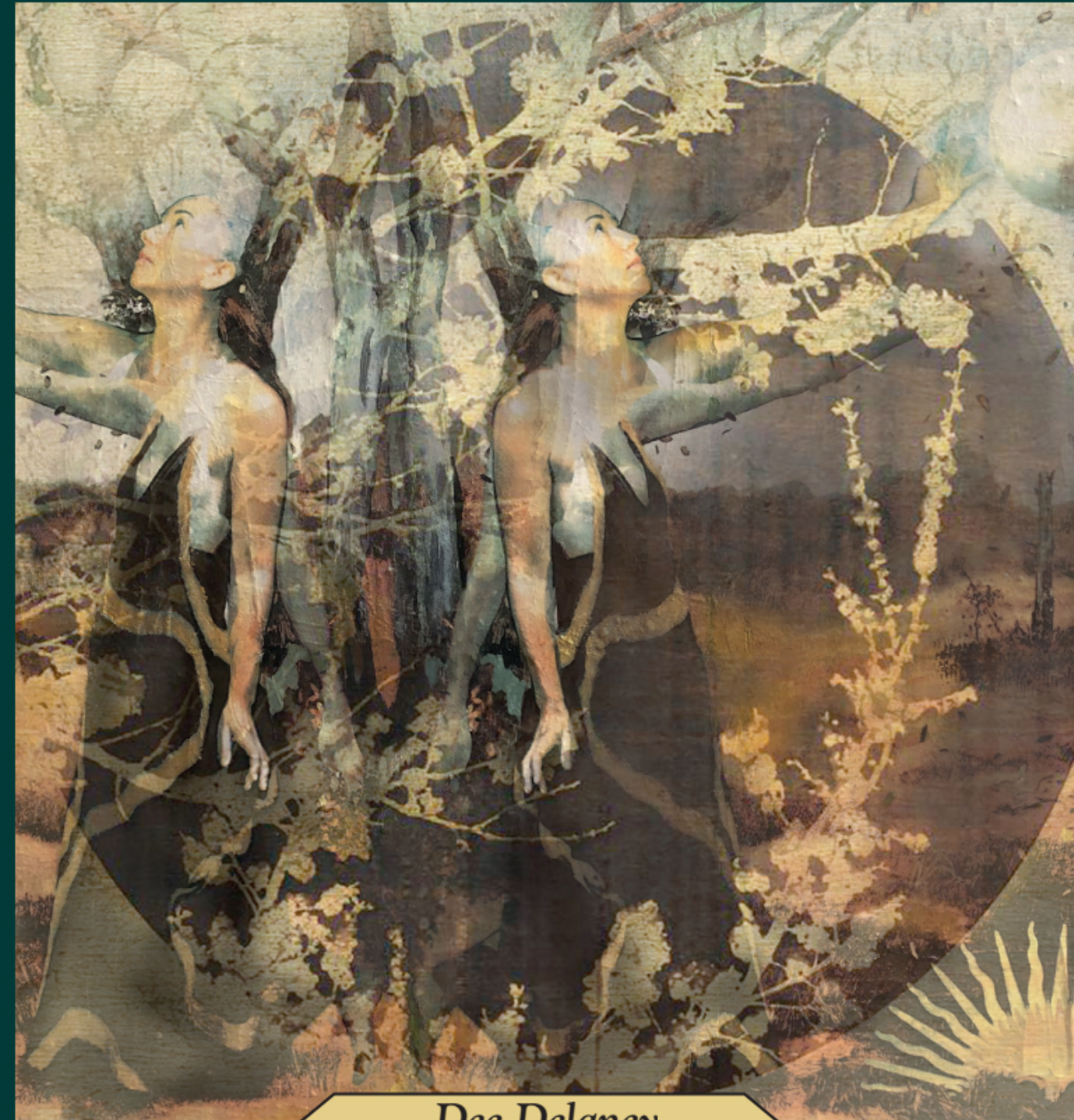
Dee Delaney worked at the BBC for many years before the sudden deaths of her husband, father and three close friends totally changed her perspective on life. She spent seven years in India and Bali learning about death, rebirth and self-realisation as she journeyed into the inner realms of the heart. Now back in the UK, Dee shares her experiences in her trilogy *The Truth is Within*. Her books are designed to connect the reader to the powerful source of creation inside every person on earth.

[www.DeeDelaney.co.uk](http://www.DeeDelaney.co.uk)

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# My Journey to the Other Side

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Dee Delaney

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A Spiritual Memoir – Book 1