

Navigating Our Fears Around Death, Dying and Endings of all Kind

Dee takes her story to a sleepy fishing village in South Goa, India, where she builds a new life for herself and her young son. But the brutal murder of a young Irish girl stops Dee in her tracks, calling her into the pain, suffering and injustices of the world, which triggers a deep remembrance inside.

In the second book of her trilogy, Dee invites the reader to explore the nature of reality through the death and dying process. She shares rare insights and wisdom from Tibetan Buddhism, alongside practical tips from her training with the Soul Midwives, who use ancient practices to assist those who are dying. As she wrote Book 2, she worked with a sacred oil called spikenard, which helped to expand her consciousness in preparation for her own near-death experience in Bali.

Dee Delaney worked at the BBC for many years before the sudden deaths of her husband, father and three close friends totally changed her perspective on life. She spent seven years in India and Bali learning about death, rebirth and self-realisation as she journeyed into the inner realms of the heart. Now back in the UK, Dee shares her experiences in her trilogy *The Truth is Within*. Her books are designed to connect the reader to the powerful source of creation inside every person on earth.

www.DeeDelaney.co.uk

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Dying and the Art of Being

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Dee Delaney

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A Spiritual Memoir – Book 2